

Reducing gaps in accessible sports availability and promoting community inclusion and awareness of disabilities through sports.



May 2021 Quarterly **NewSletter**

May 2021

Community Calendar Events are finally popping back up in time for Spring! New local accessible events have been posted on the calendar by the Missouri Department of Conservation, Lee's Summit Parks and Rec, YMCA, and other community partners. **Check out our Citywide Calendar of Accessible Events!**

If you have an event or program in the Greater Kansas City Area that is available to all abilities, please submit a request to be included in our online calendar! <u>Add your event to our calendar here!</u>

We would like to promote our Community Gaps Survey. Please pass along to anyone that may be interested. <u>Take the survey HERE!</u>

ASGKC News

ASGKC had the opportunity to stretch with community partner The Whole Person's Sheila Styron. Her program "Virtual Stretching Without Looking" is available to all abilities and just a small part of The Blind Low Vision Experience available to support local residents with sensory disabilities. It a great way to limber up and start the week off right! Check here for upcoming Stretching Without Looking and other great activities from the group.

Click here to watch a session.

We also had the opportunity to help out with the YMCA Challenger program flag football

league. Such a great program open to all in Kansas City. <u>Check out their community partner page</u> <u>here for more info on getting involved.</u>



Local News

A great local event for accessible recreation is kicking back off! Participate in the **Day at the Lake**, July 16th from 9am to 4pm on Smithville Lake. Community partners **Midwest Adaptive Sports** and **Ability KC** will provide opportunities for individuals with Spinal Cord Injuries to participate in water skiing, kayaking, and boating. Participants need to be at least 16 years old and at least 1 year post initial injury. Learn more <u>by clicking here.</u>

Community partner The Disabled but Not Really Foundation and founder Wes Hamilton get special

national recognition from CNN for their adaptive fitness program! Read the story here.

Sporting Kansas City pushes for diversity and inclusion with new committee. They are committed to soccer for all with a home theme game on May 16th is focused on inclusion. The May 16 match is versus Vancouver: Soccer For All. Learn more here.



National News

Click each to read more!

- European Space Agency: Astronaut recruitment drive for greater diversity
- <u>Challenged Athletes Foundation Launches Virtual High School Adaptive Sports Program</u>
- Alabama wins fifth straight title at College Wheelchair Tennis Championships
- University of Texas Movin' Mavs Win Ninth National Title in Wheelchair Basketball



Partner News

Click each to read more!

- <u>The Disabled But Not Really Foundation's holding annual Gala to showcase programs on May</u> 20th, 2021
- The Whole Person is starting a Self-Defense Class for those with mobility issues on June 5 and 12, 2021.
- Camp Encourage Summer Camp Sessions! Sessions in June, July, September, and October.
- Dare to Adapt Softball Challenge from Midwest Adaptive Sports on May 22, 2021.
- The KC Blind All-Stars Foundation hosts a 5K run/walk to raise funding for a new gymnasium floor on September 25th, 2021.
- Special Olympics Kansas will is getting back to normal programming with a few safety restrictions!



About ASGKC

<u>AS-GKC.net</u> is a stand-alone, community-wide, all-inclusive adaptive sports website and calendar that lists adaptive/accessible sports activities throughout the metropolitan area. Organizations, businesses, nonprofits, communities, groups, etc., that offer accessible sporting activities in the KC Metro Area (Missouri and Kansas) are encouraged to list their events, teams, activities, venues, etc., on the website.

The website was created to address the gaps in the Kansas City metropolitan area in communication, collaboration, and access to adaptive/accessible sports programs and venues for people of all ages with physical, mental health, and/or intellectual disabilities.

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CONTACT

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